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Inca Trail 2 days

Our Short Inca Trail 2 days is a wonderful option for those who don't have time or desire to hike the full length of the classical 4 day Inca Trail. With beautiful landscape, a great variety of flora and fauna on display and a visit to the Inca Trail's most beautiful archeological site Wiñay Wayna (For Ever Young), you enjoy all the best bits of the Inca Trail condensed into a one day walk. Covering a distance of just 10km / 6.3 miles. In addition, you will visit Machu Picchu 2 times so you will have afternoon and morning pictures.

Day 1: Cusco - Kilometer 104 - Aguas Calientes

We will leave Ollantaytambo at 05:30 am aproxim. to start the Inca Trail . where we will take our train until kilometer 104 where is the starting point of our trek. Our trek today takes us along the most wonderful stretch of the Classic Inca Trail 4 Days. We'll visit beautiful Inca sites, see a variety of flora and fauna and get to take in the stunning panoramas of the Andes. Walking 10km of the trail our hike begins in the Sacred Valley and works it's way up along a paved Inca trail to the archeological site of Winay Wayna before continuing on to Machu Picchu via the Sun Gate (Inti Punku). After visiting Wiñay Wayna, we will have our box lunch.

After enjoying our meal. we'll hike through the lush and green cloud forest that covers the mountain and get to see a wide variety of plants, flowers, orchids, and birds along the way. We might see some larger mammals such as Viscachas (rabbit-like Chinchillas) and Spectacled Bears (if we are very lucky).

After a full days hiking, we'll get to the Sun Gate (Inti Punku) in the afternoon and get our first views of Machu Picchu spread out on the mountain ridge below. The light in the afternoon is great for photos and with fewer tourists on the site, it's a perfect time to take wonderful pictures of the site. After passing through the Sun Gate we'll keep hiking for about 45 minutes to get Machu Picchu where we will catch the bus to Aguas Calientes. We will check in our hotel then we have dinner

Meals Included: Lunch - Dinner

Day 2: Machu Picchu - Waynapicchu - Cusco

Day second is the most magical day: Machu Picchu. We will wake up early, to take the first bus up to Machu Picchu and see the sunrise over the ruins. Your guide will spend around 3 hours explaining the highlights of Machu Picchu. Afterward, to the incredible site of **Huayna Picchu** also known as **Wayna Picchu** (Quechua " **Young Peak** ") The number of daily visitors allowed to enter Huayna Picchu is restricted to 200 is a mountain in Peru around which the Urubamba River bends. It rises over Machupicchu, the so - called lost city of the Incas, and divides it into sections. The Incas built a trail up the side of the Huayna Picchu and built temples and terraces on its top. The peak of Huayna Picchu is about 2,720 meters (**8,920 ft**) above sea level, or about 360 meters (**1,180 ft**) higher than Machu Picchu. According to local guides, the top of the mountain was the residence for the high priest and the local virgins.







Machupicchu Museum & Orchid Garden

The museum has the aspect of a small rural house, but at the same time dynamic and modern, where you can find around 400 cultural pieces divided in 7 rooms, that explain in the simplest and most enjoyable way the history and significance of Machu Picchu. Among the best examples displayed in the museum the following stand out: the constructive tools of copper and bronze, as well as pins and anthropomorphic representations, a clear proof of metallurgical

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ability of the Incas; we can also find lithic objects and vessels made of clay, possibly used to do rituals. The site museum also offers visitors the possibility to explore the "Orquideario" (The Orchid Garden), with more than 400 species of plants and a "Mariposario" (Butterfly Garden) that houses species unique in the world. The Andean Cock-of-the-Rock is Peru's national bird. One of the most famous birds of Peru with stunning head-dress of orange-red feathers that remind some of the orange-red fringe that Incas used to wear as a badge of his rank.

Meals Included: Breakfast







Price: 650\$USA

Tours Included

- Pick up and drop off in your hotel.
- Pre-departure Inca Trail briefing, presented by the tour guides at 6:00 pm at the office a day before.
- English speaking tour guide.
- Tourist train ticket for your guide who will ride the train until Km104(Starting point of the hike)
- Two hours of guided tour in Machu Picchu.
- Inca Trail permits and Machupicchu Ticket.
- train ticket from Ollantaytambo to kilometer 104(starting point of the hike).
- Return Expeditions train ticket(14:55) to Ollantaytambo.
- Private Transportation from the train station to Cusco.
- · Emergency oxygen bottle and first aid kit.
- Bus Ticket from Machu Picchu to Aguas Calientes on day 01.
- Round Trip bus tickets from Aguas Calientes to Machu Picchu and Viceversa.
- Hotel of 3 stars at Aguas Calientes (la Cabaña or similar with 3 stars).
- Meal service (2 breakfasts, 1 Boxlunch, 1 dinner, 1 snack). With option for vegetarians, gluten free, lactose Intolerance and any food allergy.
- Day pack cover to keep you dry your belongings.
- Rain Poncho to cover from the rain.

Tour no Included

- Entrance to the hot springs in Aguas Calientes town(US\$5).
- Tips (optional)

What to bring for the Short Inca Trail

- Original Passport and student cards if you are students.
- A Hiking/trekking Backpack (21 liters capacity).
- Hiking Poles with rubber tips. You can bring your own or rent it from AB Expeditions.
- Trekking Clothing: Hiking shoes, waterproof pants, waterproof shorts, two shirts, a light sweater, jacket for rain, and clothes to rest in at the hotel. On the other hand, it is quite comfortable and relaxing for the body to wear light clothes for the walk; for this,

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waterproof materials are very good, because they enable quick drying from sweat and rain.

- Night in Aguas Calientes: Please bring with you a clean set of clothes to wear after the trekking. Also, you can bring along swimwear and towels if you decide to visit the hot springs in Aguas Calientes.
- Personal Hygiene items: toothpaste. toothbrush, and wet wipes.
- Medicine: If you are taking any medications, please bring them with you. It is also recommended to bring some over the counter medicine for the altitude sickness (Coramina, Aspirina, Diamox, Sorojchi, Acetazolamide). It is also suggested to bring Anti Blister Gel to avoid getting blisters on your feet and being unable to continue on your trek.
- Digital Camera with an external memory (2-4 Gb) (Optional).
- Sunglasses with UV protection.}
- Sun Block SPF 60 (UVA-UVB) waterproof and sport.
- Waterproof Insect Repellent lotion, not spray.
- Swiss Army Knife.
- Water bottle made of flexible plastic. This type of bottle is very easy to carry and does
 not take up a lot of space. At the same time, they help in our effort to protect the
 environment.